

Session Two Suggestions

- 1) You might find it helpful to examine your attitude towards discerning God's will for your retirement in light of the point that the video made about discernment always being the choice from among good actions. Do you feel weighed down by fears of choosing wrong or buoyed up by knowing that whatever choice you make will be a choice to do something good?
- 2) You might examine your life according to these circumstances and how they should have an impact on your decision-making. Maybe there are circumstances that are not mentioned here and you would like to add them to your discernment.
 - People I am answerable to
 - People I am responsible for and commitments
 - Physical/health limitations and taking care of myself
 - Psychological/emotional limitations
 - Finances
 - Skills, talents and interests
 - Experiences
- 3) You might meditate on this passage of Scripture where St. Paul acknowledges his past and focuses on his present!
1 Corinthians 15:
For I am the least of the apostles and am unworthy to be called an apostle, because I persecuted the church of God. **10**But by the grace of God I am what I am, and His grace to me was not in vain. No, I worked harder than all of them—yet not I, but the grace of God that was with me.
- 4) You might speak to God about what you would like to do in your retirement and ask the Lord to help you be realistic and excited.

5) Lastly, you might pray again to desire God's will above all in your life and remind yourself that you were created to praise, reverence, love and serve God.