

15) FAITH AND LOVE

Read and Pray with John 20:24-29 and John 21:15-19

As you pray with this passage, you might follow a technique that St. Ignatius Loyola recommends for people who are praying with the passages in Scripture that narrate events. That technique, called Ignatian Contemplation, is to imagine the scene in its details, even to the point of imagining that you are one of the people in the event. Or you might make up a small role in the event for yourself so that the event comes alive for you.

Keep in mind:

The doubt of Thomas, under the grace of Christ, yields a deeper and more complete faith. The denial that Peter made leads to a restitution in love. So for us, restored in faith and love by the Lord, we can lead lives free of anger and bitterness. Jesus continues to call us beyond our sinfulness into a deeper relationship with Him risen from the dead. And so, risen from our old lives, we embrace the new life of Christ.

For your journal or notes:

Does it seem that God is saying something in particular to me?

Where do I find a newness in life through the resurrection of Jesus??

Are there insights that came to me from the Scripture passage or from my prayer?