

11) THE LAST SUPPER

Read and Pray with John 13:1-11 and Mark 14:22-25

As you pray with this passage, you might follow a technique that St. Ignatius Loyola recommends for people who are praying with the passages in Scripture that narrate events. That technique, called Ignatian Contemplation, is to imagine the scene in its details, even to the point of imagining that you are one of the people in the event. Or you might make up a small role in the event for yourself so that the event comes alive for you.

Keep in mind:

In washing the disciples' feet, Jesus offers them a part of Himself: His self-emptying, His service, the very reason for His coming to us. He invites them to share in all that He is. In the Eucharist, Jesus invites them to the closest union they can have with Him. His death and the gift of His Body and Blood break down the wall that separates them from Him and from God. But at what a cost to Him!

For your journal or notes:

Does it seem that God is saying something in particular to me?

How do you experience the gift of Jesus' Body and Blood and the other powerful ways He gives Himself to you?

Are there insights that came to me from the Scripture passage or from my prayer?